



TRANSDERMAL GEL APPLICATION

Your physician has prescribed you a medication in a transdermal gel. This form of drug delivery allows the medication to be absorbed into your body directly through your skin at the site where you have pain. This may provide excellent pain relief in the absence of significant side effects. Your prescription is individually compounded for you as ordered by your doctor. Please follow the directions below. If you have any question, or would like to review these directions with us, please call 412-533-2202.

1. Wash the affected area prior to application. Make sure the area is completely dry before applying.
2. After application of the gel be sure to wash your hands thoroughly before touching anyone.
3. If someone else will be applying the transdermal gel to you, make sure they wear gloves to protect themselves.
4. Do not allow the medication to reach your eye.
5. Do not apply the medication to an open wound.
6. Do not ingest the medication. Do not place the medication in your mouth, nostrils, rectum, or genital area.
7. Apply a thin coat sparingly to the affected area and rub in well for at least 2 minutes.
8. Do not bathe or swim for at least 1 hour after application.
9. There may or may not be a film of powder left after the gel dries. This depends on the medication prescribed. The powder may be wiped clean with a wet towel before the next application.
10. Store the medication at room temperature. Do not store in extreme heat or cold temperatures (i.e. in your car).
11. Keep children and pets away from your skin where the gel is applied to avoid transfer of medication.
12. If you have any questions or concerns regarding your transdermal medication do not hesitate to call us at 412-533-2202.

