



IV Contrast Dye Allergy Preparation

You have informed us that you have an allergy to IV contrast medium (i.e. iodine, shellfish, CT contrast dye). Iodine contrast or dye may be used during your procedure. You will need to take medication prior to the procedure to avoid potentially serious side effects from the contrast dye. The two medications which you will be taking are prednisone and Benadryl. Prednisone is a prescription medication, and Benadryl is purchased over-the-counter.

Name of Medication	At 13 hours before your procedure	At 7 hours before your procedure	At 1 hour before your procedure
PREDNISONE 50mg tablet	Take 1 pill	Take 1 pill	Take 1 pill
BENADRYL 25mg tablet	none	none	Take 2 pills

1. Take these medications at the prescribed time with water.
2. If these medications are not taken as directed, your procedure may be cancelled for your safety.
3. If you are a **DIABETIC**, please notify your care provider. Prednisone may increase your blood sugars.

