



Pregabalin (Lyrica®) Patient Information

What is this medicine used for?

Pregabalin is used to relieve pain from the nerves, from the spinal cord, or from the brain. Nerve pain may be associated with fibromyalgia, shingles (herpes zoster), diabetic neuropathy, spinal cord injury, peripheral neuropathy, sciatica, and other conditions. Pregabalin is also used in the management of certain types of seizures.

How do I take this medicine?

Use pregabalin regularly in order to get the most benefit from it. It will take several weeks of regular use at an adequate dose in order to see changes in pain control. Pregabalin works best if it is taken at evenly spaced intervals approximately 12 hours apart (i.e. 8AM & 8PM) or 8 hours apart (i.e. 7AM, 1pm, & 11pm).

Pregabalin may be taken with or without food. If you take antacids containing aluminum or magnesium they may interfere with the absorption of pregabalin. Therefore it is best to take pregabalin 2 hours before or 2 hours after you take the antacid.

Do not suddenly stop taking pregabalin because this may cause uncomfortable side effects or seizures. Your dose may need to be gradually decreased if pregabalin is to be stopped.

Your dose will be gradually increased so your body can adjust to the medication.

What if I miss a dose?

If you miss a dose, take it as soon as you remember. If it is almost time for your next dose, skip the missed dose and take the next one as directed. Do not take double doses.

What are the possible side effects?

Pregabalin may cause swelling, weight gain, dry mouth, somnolence, dizziness, difficulty concentrating, irritability, blurry vision, mood swings, suicidal thoughts, rash, nausea, or constipation. Allergic reaction is a rare but serious side effect. If you are pregnant, notify your doctor immediately.

This is not a complete list of possible side effects. If you notice other effects not listed above, contact your pharmacist or call Pittsburgh Pain Physicians at 412-533-2202 immediately. Remember that your doctor has prescribed pregabalin because he has judged that the benefit to you is greater than the risk of side effects. Most people using pregabalin do not have serious side effects.

Where should I store this medicine?

Store at room temperature away from light and moisture. Do not store in the bathroom.

YOUR PRESCRIBED PREGABALIN WEEKLY TITRATION SCHEDULE (PREGABALIN _____ MG TABS)

	Morning	Afternoon	Night		Morning	Afternoon	Night
Week 1				Week 4			
Week 2				Week 5			
Week 3				Week 6			

